

The Fort Huachuca Scout®



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Buffalo Corral Pages 16,17



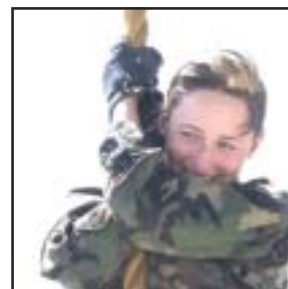
Photo by Spc. Joy Pariente

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Child abuse or discipline; a second opinion

BY MASTER SGT. THOMAS P. RANSFORD
PROVOST MARSHALL'S OFFICE

I believe the writer of the article on discipline or child abuse is a little off base in his advice to the public. You should be very careful in interpreting his article in your disciplining of your children. First, if you have any questions concerning child abuse you should probably refer to the laws of the states and the agencies that specialize in determining if child abuse has been committed. Agencies like Child Protective Services, Social Work Services at the

hospital, the Staff Judge Advocate and AR 608-18 should probably be your first stops.

There are many religions with books that provide both history and guidance; it is the interpretation of those books and the practical application of the beliefs that may get people into trouble with the current laws of society. Our government and society are governed by the constitution and the laws created from it, not by the Bible or any other religious book. Although, I am sure much of the constitution and laws were actually created through religious influence. The direct practical application or misinterpretation of those writings poses dangers to

those that may have misread them.

I am by no way recommending that you don't practice your religion. The foundation it provides for you in life is irreplaceable. However, you must ensure your interpretation coincides with the current laws before you act on it. Although I am not as well versed as the writer in his use of biblical references, I do believe the Bible also references its followers to be submissive to their government.

Remember there are no perfect parents, and there are many different books that will tell you how to raise your children. There is also an enormous

amount of support on the installation of professional individuals from chaplains to social workers that can assist you in determining reasonable and lawful methods of disciplining your child. Please seek assistance from them before you strike your child and find yourself trying to use the Bible as a defense in your criminal case.

(Editor's note: The Scout welcomes divergent opinions; those interested in submitting a viewpoint for Commentary should send it via e-mail to: thescout@hua.army.mil.)

The ninth candle: the Holocaust remembered

BY SHELTON "TOVAH" COONFIELD
RELIGION COMMENTARY

When most of us hear the word "Holocaust," we immediately think of Jews, World War II, and Hitler, but the Holocaust was much more than that. It was a hard learned lesson for humanity. During the Holocaust, the Nazis targeted many people, including Gypsies, the handicapped, 6 million Jews, all the Slavic peoples among many others. In short, anyone who did not fit Hitler's ideals was exterminated.

In 1951, the Knesset (Israel's parliament) proclaimed the 27th of Nisan to be Yom Ha sho'ah or Holocaust

Remembrance Day. This year that day is on May 5 as Jews follow a lunar calendar. Since Yom Ha sho'ah is a relatively new observance and has no biblical or rabbinic roots, its observance is undefined and varies from community to community the world over. In my family we recite the Kaddish prayer and light nine candles. Lighting a candle commemorates the passing away of a soul.

But why nine candles? Six for the 6 million Jews, one candle for the righteous gentiles who risked their own lives and that of their families so that others may live, one candle for over 1 million children who never grew to light candles of their own.

Now, if you have done your math, which will add up to

eight ... what about that ninth candle?

In my family, the ninth candle is our commitment to never forget. The ninth candle honors our commitment to fight genocide and ethnic cleansing all over the world. We, the United States, have proven by the sacrifices of our Soldiers who are giving their lives in Chechnya, Rwanda, Afghanistan, Bosnia, Iraq and a myriad of other places all over this globe, that we have learned the lesson. We will not allow this atrocity to happen again. So in my house, we light a ninth candle to honor those we continue to lose in the battle against oppression, hatred, and violence. We light the ninth candle to reaffirm our commitment to justice, freedom and peace. We light the ninth candle so that we will never forget.

Scout On The Street



SPC. JESSE SERPA, HEAD-QUARTERS AND HEADQUARTERS COMPANY, 11TH MILITARY INTELLIGENCE BRIGADE

Taking care of families. Soldiers would go crazy if they didn't have others helping out.



SPC. CALEB HENRY, HHC, 11TH MI BRIGADE

Saluting the flag because it shows honor to our country.



SPC. BRANDON BISH, HHC, 11TH MI BRIGADE

Never leave a Soldier behind. It shows great respect between two people.



PFC. MARCUS WILT, HHC, 11TH MI BRIGADE

Camaraderie, because you get to meet people from different cultures.

The Fort Huachuca Scout

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Survivors share Holocaust experiences

BY SGT. 1ST CLASS KENNETH B. HUNTER
MILITARY EQUAL OPPORTUNITY OFFICE

Holocaust Remembrance, Days of Remembrance, and Yom Hashoah – all these terms refer to a people, the tragic event they experienced and a very important observance in place to remind our current society to not forget what happened. However, what is the difference between the term holocaust and the Holocaust? Why did it happen? What are its implications on today's society?

The term holocaust by definition is "a sacrifice consumed by fire." Another definition is "a thorough destruction especially by fire," such as with a nuclear holocaust. However, when the word is written with a capital "H" the term takes on an entirely different meaning. When written as Holocaust, the term means the mass slaughter of European civilians and especially Jews by the Nazis during World War II.

When studying the Holocaust, it must be noted that more than 11 million individual lives were cutoff because of racism and hate. The Holocaust was actually carried out in two phases. The first period was between 1933 and 1939 with the rise of the Nazi party. The second

period was between 1939 and 1945 or more specifically, the period of World War II.

The idea that the Holocaust represents 11 million lives that were abruptly ended is a difficult concept to imagine. The Holocaust was the extermination of people not for who they were but for what they were. Groups such as people with handicaps, Gypsies, homosexuals, Jehovah's Witnesses, Catholics, Polish people, Soviet prisoners of war, political dissidents and others were persecuted by the Nazis because of their religious/political beliefs, physical defects, or failure to fall into the "Aryan" model.

Although the Holocaust is a subject area of obvious ruthlessness, unfortunately, it is easy to become almost insensitive to it. As Elie Wiesel, Nobel laureate and famous Holocaust survivor has once said, "The essence of this tragedy is that it can never be fully conveyed." The Holocaust demonstrates something that is in its own way truly amazing. It demonstrates the strength of the human spirit.

The prisoners survived because of their will to live and their unwillingness to be broken by the cruelty of the Nazis. It is unimaginable how life truly was for those in the camps. The day-in, day-out monotony of the hor-

ror grew into weeks, months, and even years. The fact that there were survivors shows that there is something in all of us that cannot be taken away-no matter what.

The installation Military Equal Opportunity Office will host five survivors for the post wide Days of Remembrance observance on the 12 p.m., April 19 at Fitch Auditorium in Alvarado Hall. During the service, there will be a short candle lighting ceremony to honor those 11 million who died in the Holocaust. Immediately following there will be a reception where attendees can meet and talk with the survivors.

If you choose to attend the memorial service or stop by afterward to meet the survivors, please keep these things in mind. Remember the images and the individual people you see. As you listen to the survivors, keep in mind the reason you can listen to the survivors. Listening helps show that every one of those 11 million who died did have a story, but they aren't alive to tell it. In the decades that have followed the Holocaust, survivors haunted by their memories, have struggled to understand their ordeals and rebuild their lives. We should never forget the lessons learned from the Holocaust. The Holocaust should be a constant reminder to never allow such atrocities to happen again.

Superintendent of schools chosen

BY AMANDA KEITH
SCOUT STAFF

Dr. Ronda L. Frueauff has been picked as the new superintendent of Fort Huachuca's schools.

The four candidates, Frueauff, Connie Johnson, James Nelson and Casey O'Brien (Dr. Linda Larson and Dr. David Gray withdrew from consideration), met with community members in a "Meet the Candidates" forum last week.

The candidates talked with community members at Smith Middle School; the candidates moved around four rooms, giving each group of people a chance to meet with them and discuss what they would bring to the role of superintendent of the post's schools.

Some of the most common questions from the audience members concerned how the candidates would deal with the new schools being built on post, if the candidates have dealt with impact aid, and how the candidate would work with the three schools that will leave the district for Sierra Vista schools or will leave Fort Huachuca for a different base.

Each candidate was given 30 minutes to speak to the community members, detailing their backgrounds and answering any questions and concerns the audience members expressed. Then, the audience members filled out comment sheets, answering questions such as "what leadership traits did the candidate exhibit during the time you spent with him/her."

JoAnne Hilde and Joann Mortensen of Search Solutions, a consulting firm, compiled the comment cards and gave



Photo by Amanda Keith

Dr. Ronda L. Frueauff is the new superintendent of Fort Huachuca's schools.

them to the governing board. The cards were then used during the final interviews with the candidates, according to Hilde.

In order to be considered for the position, candidates must have elementary school classroom experience, although a prior superintendent position was not required.

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A message from the garrison commander

BY COL. JONATHAN HUNTER

As many of you may know, the Cochise County Superintendent of Schools has announced the selection of a new superintendent for the Fort Huachuca Accommodation School District. I would like to publicly commend Ms. Trudy Berry for her personal involvement in the setup of a selection process and for her direction of this critical process. At every step, it was clear that the welfare of our students was the overriding concern. The selection process was done with total transparency and the Fort's leadership was consulted and kept informed throughout the process. We could not have asked for a better process or better selection.

In addition to Ms. Berry, I would like to express my appreciation to all the members of the selection committee and the many administrators, teachers and parents who participated in sessions that developed the ideal attributes and qualifications for the candidates and participated in the open sessions and provided feedback to the selection committee.

The Accommodation School District is unique and has worked very well for many years here at Fort Huachuca. By all measurements, the

educational quality of the on-post schools is consistently among the best in the state. The Cochise County School Superintendent, Ms. Berry and our new superintendent have the full support of Fort Huachuca leadership, and all of us have committed to work together to ensure nothing but the absolute best education is provided to our military children.

Transitions are always challenging, so I urge all district staff, administrators, teachers and parents to join us in 100 percent full support of the new superintendent.



Photo by Amanda Keith

Community involvement in the schools is vital to school success.

Signal command's top leaders meet at Fort Huachuca

BY ERIC HORTIN

NETCOM/9TH ASC PUBLIC AFFAIRS

Senior military and civilian leaders from signal organizations around the globe converged here March 30–April 1, to discuss pertinent issues affecting their organizations. The U.S. Army Network Enterprise Technology Command/9th Army Signal Command's 2005 Commanders' Conference gave nearly 30 participants the opportunity to interface directly with command leadership, and game-plan solutions to future challenges.

The theme of this year's conference was, "Enabling the Transformational Army and Joint Fight." The focus of the conference agenda was to give everyone in attendance a birds-eye view of Army transformation, how it affects the Joint force, Army, Signal Regiment, and ultimately their organizations.

Hosted by Maj. Gen. James C. Hylton, NETCOM/9th ASC commanding general, the conference afforded the opportunity for commanders from signal commands and brigades, and chief information officers from all the regions to voice their concerns and ideas. Additionally, the participants heard directly from Army and Defense Department leaders personally involved in the transformation process.

"There's so much going on today in our Army," Hylton said. "We need to come to the same baseline of understanding with respect to the major initiatives – specifically through the lens of modularity – and what it means to NETCOM, what it means to the Army, and what it means to the collective Signal Regiment; the Active, Reserve and Guard components. We're all in this fight together."

That fight Hylton alludes to is already underway, and Army transformation is the driving force. Many of the commanders are aware of the fight and are already seeing the effects transformation is having on the way they perform their daily business; everything from unit restructuring, implementing new standards on non-standard (commercial, off-the-shelf) equipment, increasing command and control responsibilities, sustainment and resourcing were on the table.

The conference agenda focused on four major processes relating to transformation; Operationalizing Transformation, Network Operations, Enterprise C4IM (Command, Control, Communications, Computers and Information Management) Capabilities, and Posturing the Force. Key speakers and subject matter experts presented briefings on several critical issues within these four areas. These critical points were the lead-ins for the participants to raise questions, concerns, and to use each other's extensive ex-

periences and knowledge to formulate possible solutions. With some hard work and coordination, the ideas and initiatives brought forward will enable changes not only in NETCOM/9th ASC, but affect change throughout the Army.

"We are in a state of change," said Col. Donald L. Chu, 311th theater signal command commander. "To meet the goals of Army transformation, we must accelerate the change within the Signal Corps to remain relevant to the Army."

As the Chief of Signal, Maj. Gen. Janet Hicks, commanding general of the U.S. Army Signal Center and Fort Gordon, is on the front line of Signal Transformation. As the new Unit of Employment and Brigade Combat Team structure evolves in the Army, the signal unit structure will change. New positions and new overarching missions are planned to support that mission, and the Signal Regiment is on point.

"In the divisions – now UEx – signal companies are organic to the fighting BCTs," Hicks said via teleconference. "There's no longer a division signal battalion. Instead, there is a UEx G-6 (information officer) who is the UEx network leader, the key advisor to the CG (command-

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Iraq casualty honored with obstacle course dedication

BY SPC. JOY PARIANTE

SCOUT STAFF

The post's obstacle and confidence course area will become the Capt. Robert C. Scheetz Jr. Warrior Complex during a dedication and renaming ceremony at 3 p.m. Friday at the course.

Scheetz, 32, died Memorial Day 2004 while serving as the Task Force 1-6 Intelligence Officer in the North Babil Province of Iraq. He was investigating a rocket attack on his base when he was wounded by an improvised explosive device and later died of his wounds, according to Capt. Thomas Bessler, Scheetz's friend and spearhead for the renaming and dedication.

Bessler chose the obstacle course to honor his fallen friend because of the warrior spirit associated with Soldiers giving everything they've got in order to accomplishing a task.

"I chose the obstacle course because of the warrior spirit Rob demonstrated while in the performance of his duties," Bessler said. "He always took action when in charge and ensured his troops and mission were first priority. Rob always took the fight to the enemy and provided the right example for his Soldiers to follow."

"He lived like a Soldier, and that's important for new soldiers entering service after 9-11 to know. New Soldiers, like Rob, will come to understand that selfless service and sacrifice

are all part of the Warrior Ethos."

Scheetz served on both the enlisted and commissioned sides of the house. He was a Fort Huachuca trained intelligence analyst and later became a commissioned infantry officer serving in Germany and Iraq.

Scheetz's accomplishments while in theater in Iraq went above and beyond, Bessler said. Scheetz replaced Bessler in Baghdad as a battalion intelligence officer in fall 2003, and his efforts were directly responsible for the capture, tactical interrogation and exploitation of more than 300 guerilla fighters and insurgent leaders, Bessler said. Also, Scheetz made military intelligence history by establishing and overseeing two indigenous intelligence networks that are responsive and penetrating collection efforts captured national-level enemy cells, insurgent financiers and operators, Muqtada's militia fighters, weapons suppliers and Central Command's Black List members, Bessler said.

Bessler returned to his former unit in summer 2004 to replace his comrade. He is currently serving at Fort Huachuca in the Military Intelligence Officer's Career Course. Scheetz was supposed to be here with him. "I guess the good Lord had other plans for him," Bessler said. "He was my friend, and I miss him to this day. His spirit will live on in the future warriors who pass through the Warrior Complex."



Photo by Sgt. Susan Redwine

Watch your speed!

A mere two weeks into April and Fort Huachuca Military Police have given out the second most speeding citations this year, Maj. Rhett Weddell, U.S. Army Garrison commandant and provost marshal said. MPs are still enforcing posted speed limits with more than 28 citations so far this month.



Photo by Spc. Marcus Butler

Keeping your powder dry

Capt. John M. Guerrero, Fort Huachuca United States Army Garrison company commander, demonstrates one way to properly carry an M-16 rifle while in water during a drown-proofing class at Barnes Field House in March.

BOSS available for Soldiers

BY SPC. JOY PARIANTE
SCOUT STAFF

Fort Huachuca has a Better Opportunity for Single Soldiers program designed to provide opportunities for Soldiers to get involved in something and have a good, safe time.

“[BOSS] provides positive outlets for Soldiers to spend their time ... and it keeps them out of troublesome situations,” said Command Sgt. Maj. Douglas Sandstrom, garrison command sergeant major and BOSS senior military advisor.

BOSS is a Department of the Army program that focuses on improving the quality of life for single Soldiers. It covers recreation and leisure activities, well being and community service for single Soldiers.

An organization panel sends recommendations for quality of life improvements through the proper chains of command to get changes made. Changes that can't be made on the post level are referred up

through the major command and DA level through the Army Family Action Plan.

BOSS began in 1989 to represent the estimated 35 percent of the Army that are single Soldiers. Originally, the purpose of BOSS was to expand single Soldier recreational activities but over time, BOSS expanded to cover the well being and community service arenas.

Fort Huachuca's BOSS program hosts activities at the Time Out and sponsors fun events and attractions at many of the local carnivals and festivals. These events are geared towards single Soldiers, but may include single parents and unaccompanied Soldiers. Many events also offer admittance to any authorized Morale, Welfare and Recreation users.

For more information about BOSS events or getting involved in the BOSS program, call the BOSS president at 533-0328.

Editor's Note: Background BOSS information from the U.S. Army Alaska – Fort Richardson homepage.

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Safety first for airfield, wildlife

BY SPC. JOY PARIANTE
SCOUT STAFF

Many people are thoroughly entertained when they can look out their window and see deer grazing and frolicking in their yard. The sight of deer invokes an entirely different feeling within personnel at Libby Army Airfield. Animals in general on the airfield can mean disaster.

Deer, javelina, coyotes and other Arizona wildlife are attracted to the water that accumulates in the washes on the airfield, said Sgt. Derrick Watt, aviation operations noncommissioned officer.

“Wildlife, as you can imagine, can be a hazard to any moving vehicle,” said Chief John P. Barlund, the airfield’s safety officer. “As an airplane is landing, it is perhaps in its most vulnerable position, which is slow and low. If an airplane is touching down and an animal runs out onto the runway, the crew has two options, stop or power up and take off.

“Taking off again takes quite a bit of runway and would result in almost certain impact with the animal. Stopping on the other hand is not like stopping a car. The brakes are installed on the main gear only and are not made to stop rapidly like a car. As you can see, the crew’s options are limited.”

“Any animals in the vicinity of any runways or

taxiways halt the operations of the airfield,” Watt confirmed.

Collision of aircraft and animal causes death to the animal, damage to the aircraft and possible death or injury of the aircraft crew, Barlund explained.

“It doesn’t seem like one animal could do that much damage to an airplane, but unfortunately it has the potential to be a disaster,” Barlund said.

When an animal is located somewhere on the airfield, base operations personnel are dispatched to push the animals to the northwest or southeast corners of the airfield where vegetation is heavy, Watt said. Hopefully, the vegetation will entice the animals to stay away from the busy runways.

In hopes of permanently lessening the problem, airfield personnel, in conjunction with the U.S. Border Patrol, performed helicopter flyovers Wednesday in hopes of herding the deer, javelina and coyotes towards a break in the airfield fence line. “Birds are another wildlife hazard, but the current fence project at LAAF is geared towards the deer and other animals,” Barlund said.

The airfield’s plan was to direct the animals towards the open area in the fencing and after they had left, that portion of the fence line would immediately be closed. No animals were located on the airfield on Wednesday, so the fence was finished and theoretically, no animals

should be able to enter the airfield.

The newly erected fencing surrounds the entire airfield and was funded by Federal Aviation Administration money given after Sept. 11 to increase airfield security nationwide.

“This project has been a great joint effort between the city of Sierra Vista and Fort Huachuca,” Barlund said.

According to Barlund, to continue to ensure the safety and security of the airfield, personnel will routinely drive the fence line to check for possible damage or attempts of intrusion.



Photo by Spc. Joy Pariente

Sgt. Matilide Armenderiz (right) and Spc. Jeffrey Heath put up temporary fencing following the airfield clearing.

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Kudos



Photos by Spc. Creighton Holub

Dr. Randy Groth, civilian aide to the Secretary of the Army, speaks to an 80-person crowd at the Thunder Mountain Activity Centre during the Military Affairs Committee luncheon April 6.



Corinne Kelly receives the March Civilian of the Month award from Dr. Randy Groth.



Air Force Staff Sgt. Roberto R. Oregon, U.S. Air Force 314th Training Squadron, receives the Air Force noncommissioned officer of the (first) Quarter award from Dr. Randy Groth.

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No beans about this

Chapel opens coffee house to bring caffeine, games and God to post



BY SGT. SUSAN REDWINE
SCOUT STAFF

More than 250 initial entry training soldiers showed up for the kick-off of the Oasis Cafe Friday night.

The cafe, located at the Prosser Village Chapel, is a new offering, Chaplain (Col.) Douglas Kinder, installation chaplain said.

The coffee house will be a regular event on non-pay Fridays.

"I think we're on to something," Kinder said. "These guys need something like this."

"I'm amazed there are so many people here," Terry Turner, a chapel volunteer at the coffee house, said. "It's wonderful. They're a coffee drinking group, I'll tell you that."

There was an array of snacks and coffee provided by chapel funds and volunteer bakers provided free of charge to Soldiers. Uplifting music was also played throughout the evening by a four-piece ensemble comprised of regular musicians at the Contemporary Christian service at Cochise Theater.

Pfc. Rachel Ellis, Company F, 309th Military Intelligence Battalion, said she missed going to Christian concerts like she does at home. But that was only part of the draw for this advanced individual training student.

"I have a big test tomorrow," Ellis said. "I heard about it [the coffee house] and thought it would be a great way to relax and relieve stress."

"I'm really enjoying it," she said. "I used to go to these type of things at home. Being in the Army, I've really missed that."

"I thought it was awesome they were having it, so I wanted to come and check it out," Ellis said. "It's very encouraging and really exciting that they started having these nights."

Ellis even managed to get a friend to tag along with her to the coffee house.

"She told me about it," Spc. Edgar Flores, Company F, 309th MI Bn., said. "I'm having a good time and I'm not thinking about the test tomorrow."

The relaxation experienced by Ellis and Flores was echoed by other trainees at the coffee house.

Pvt. Neil Fisher, Company D, 309th MI Bn., said he attended the coffee house for the opportunity to get to know other members of his platoon better, but found a place to relax when he got there.

"This is probably the most relaxed I've been in three months," he said. Fisher added that he would recommend students attend future coffee houses because the training environment can be stressful.

"The live music is good, too," Pfc. Adin Moore, Company D, 309th MI Bn., said. "It's enjoyable to see people play instruments when you play, too."

"Everyone here is very

nice," Ellis said. "If you're feeling lonely, out of place or just need someone to talk to, coming here is a big comfort. You can relax, gather your thoughts."

"It can lift your soul and get you ready to face the week again."

Said Moore, "To be able to smile and laugh without doing push-ups is nice, too."



Board games are provided for initial entry training Soldiers to relax and distract themselves at the semimonthly Oasis Cafe.



Photos by Sgt. Susan Redwine

Uplifting Christian music is played for coffee house guests by musicians who regularly play at the Contemporary Christian Service at Cochise Theater 11 a.m. Sundays.

New campaign medals recognize Iraq, Afghanistan service

AMERICAN FORCES PRESS SERVICE

Two new campaign medals announced recently recognize servicemembers for their contributions in Iraq and Afghanistan.

The Defense Department announced the Afghanistan Campaign Medal and Iraq Campaign Medal for military members who directly support Operation Enduring Freedom between Oct. 24, 2001, and a date to be determined in the future or Operation Iraqi Freedom between March 19, 2003, and some future date.

The new campaign medals were established by presidential order for servicemembers who have been assigned, attached or mobilized to units operating in these areas, officials said.

Until now, servicemembers deployed to Afghanistan and Iraq during the designated timeframes were awarded the Global War on Terrorism Expeditionary Medal.

"By awarding separate medals, we will recognize the specific contribution that our servicemen and women have made in Afghanistan and Iraq," said Bill Carr, the department's principal director of military personnel policy. "It's appropriate that we present them with an award that truly honors their heroic service in these operations."

Servicemembers with the Global War on Terrorism Expeditionary Medal remain qualified for it, but officials said they may apply for the appropriate new campaign medal as well.

Military personnel may receive both of the new campaign medals if they meet the requirement for both awards. However, officials said the qualifying period of service for one award can't be used to justify eligibility for the other. Just one award of each of the new medals is authorized, as no service stars are prescribed.

No servicemember is entitled to wear all three medals for the same act, achievement or period of service.

The area of eligibility for the Afghanistan Campaign

Medal includes all the country's land and air spaces. The Iraq Campaign Medal applies for service in Iraq, its waters out to 12 nautical miles, and the airspace over Iraq and its 12-mile water area.

It's appropriate that we present them with an award that truly honors their heroic service in these operations.

Bill Carr,

DOD principal director of military personnel policy

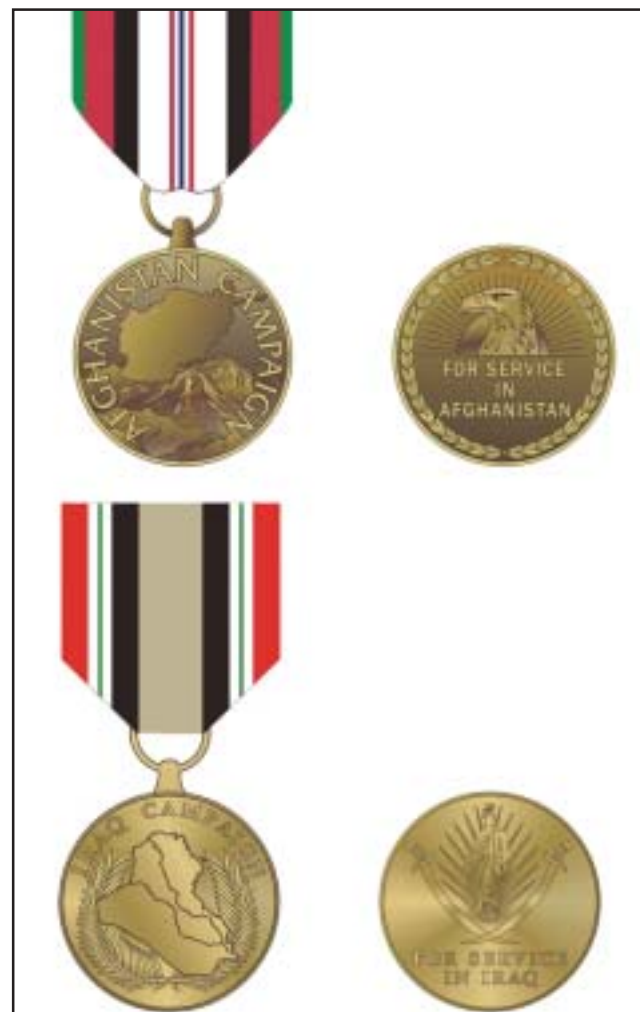
To qualify for the awards, servicemembers must have served in the appropriate region for 30 consecutive days or 60 non-consecutive days, officials said.

Servicemembers also qualify for the medals if they have been engaged in combat during an armed engagement, regardless of the time spent in the area of eligibility, or were wounded or injured and required medical evacuation from the area of eligibility while participating in an operation or on official duties.

Regularly assigned aircrew members flying sorties into, out of, within, or over the area of eligibility in direct support of military operations also qualify, with each day of operations counting as one day of eligibility.

On the uniform, the Afghanistan Campaign Medal will be positioned below the Kosovo Campaign Medal and above the Iraq Campaign Medal. The Iraq Campaign Medal will be positioned below the Afghanistan Campaign Medal and above the Global War on Terrorism Expeditionary Medal.

Each military department will serve as the awarding authority for the new campaign medals and issue regulations for processing, awarding and wearing them, officials said.



Courtesy Photo

Each military department will serve as the awarding authority for the new Afghanistan Campaign Medal, top, and Iraq Campaign Medal, and will issue regulations for processing, awarding and wearing them.

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Range Closures

Today – AA, AC, AD, AL, AM, AP, AQ, AU, T1, T1A, T2

Friday – AB, AL, AP, AQ, AU, T1, T1A, T2

Saturday – AA, AC, AD, AP, AQ, AR, AU, T1, T1A, T2

Sunday – AA, AB, AF, AG, AU, AW

Monday – AA, AB, AD, AF, AG, AH, AI, AJ, AM, AR, AU, AW, AX, AY, T1, T1A, T2, T3

Tuesday – AA, AB, AD, AF, AG, AH, AI, AJ, AK, AL, AM, AN, AR, AU, AW, AX, AY, T1, T1A, T2

Wednesday – AA, AB, AD, AF, AG, AH, AI, AJ, AK, AL, AM, AN, AR, AU, AW, AX, AY, T1, T1A, T2, T3

For more information, call Range Control 533-7095. Closures subject to change.

April is Cancer Awareness Month!

The Raymond W. Bliss Army Health Clinic is planning a special opportunity to all of the Fort Huachuca community. On April 19, the clinic will be having a Health Fair for Cancer Awareness month. There will be information and resources available for many types of cancer. There will be self screening tools, giveaways and much more! It will be located in the Preventive Medicine Class room from 10 a.m. to 2 p.m. All ages welcome! Call 533-3536 for more information.

Newcomers welcome

Army Community Service wants to welcome newcomers to the Fort Huachuca community. The Fort Huachuca Welcome

- a newcomer's orientation - is scheduled for 9 a.m., Friday at Murr Community Center.

The orientation will provide information about the installation and the community.

A tour of the post is provided Pre-register by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

36th Army Band performs

The 36th Army Band from Fort Huachuca and 62nd Army Band from Fort Bliss, Texas are performing a concert 7 p.m. Monday, at the Buena Performing Arts Center in Sierra Vista.

For more information, call 533-8998.

Health fair at clinic

The Raymond W. Bliss Army Health Clinic is scheduled to host a Health Fair for Cancer Awareness month at 10 a.m. Tuesday, in the Preventive Medicine Classroom. For more information, call 533-3536.

Officer association meets

The Coronado Chapter of the Military Officers Association is scheduled to host a regular meeting starting at 6 p.m. Thursday at the Thunder Mountain Activity Centre. For more information contact Joe Gill at (520) 458-4099 or email JoeGill1@cox.net.

Technology expo

The Army National Guard G-2/S-2 Workshop Technology Exposition will be held at 10 a.m. – 3 p.m., Friday at the Thun-

der Mountain Activity Centre.

All Fort Huachuca personnel and contractors are invited to attend with no fee. For more information, call Sarah Hill at 888-603-8899 ext. 230.

Town hall meeting

The 306th Military Intelligence Commander, Lt. Col. Kenneth Diller is extending an invitation to the Town Hall meeting for the residents of Gatewood 1 through 3. The meeting will be held from 6 p.m. through 7 p.m. on Tuesday, at Murr Recreation Center.

For more information, call Randy Flores at 538-7854 or 249-7863.

Financial readiness classes

Army Community Service holds the following financial readiness classes on a monthly basis: checking account management, 9-11:30 a.m., the first Wednesday of the month at the ACS Building 50010; budget and planning class, 9-11:30 a.m., the second Wednesday of the month, at the ACS Building 50010; and financial readiness training, 1-5 p.m., the second Wednesday and Thursday of each month, at Murr Community Center, Building 51301. The financial readiness training class is required for first-term E-4 and below. Others are welcome to attend the training also. Please register by calling ACS, 533-2330, or for more information, call Christine Bachand at 533-6884.

Key caller training

Army Community Service will offer key caller/chain of concern training for

Family Readiness Group volunteers, 9-11:30 a.m., April 27 at the ACS Building 50010.

ACS will train volunteers on how to be effective callers and representatives of the command. Registration is required by calling ACS at 533-2330 or e-mailing pamela.j.allen@us.army.mil.

eArmyU program mentor

From 1 p.m. – 4 p.m., on April 27, an eArmyU Program Mentor will be at the Army Education Center, Bldg. 52104, Room 2.

If you are interested in joining the early program and are a current eArmyU student. For more information, call the Education Center at 533-3010/2255.

Commissary hours

The new store hours for the Fort Huachuca Commissary effective May 1 are; 10 a.m. through 5 p.m. on Sundays, closed on Mondays, 9 a.m. through 7 p.m. on Tuesdays, 9 a.m. through 7 p.m. on Wednesdays, 9 a.m. through 7 p.m. on Thursdays, 9 a.m. through 7 p.m. on Fridays and 9 a.m. through 6 p.m. on Saturdays. For more information, call Bob Oates at 533-5540.

Youth group activities

The Fort Huachuca Chapel Youth Groups continue to meet on Sunday nights at the Main Post Chapel. The Middle School meeting is from 4 p.m. - 5 p.m. The High School meetings are from 5:30 p.m. - 7 p.m. Join us for food, fun, friendship and faith. For more information, call Mike DeRienzo at 227-6059.

Chaplain's Corner

Protestant Sunday Services

8 a.m.	Episcopal	Main Post
9:20 a.m.	Gospel	Kino Chapel
9:30 a.m.	Protestant	Prosser Village
11 a.m.	Cross Roads	Cochise Theater
11 a.m.	Collective	Main Post
3:30 p.m.	ALPHA	Prosser Village

Roman Catholic Worship

Mon.-Fri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

Jewish Worship

Friday	7 p.m.	Main Post
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Catholic

Main Post Chapel

CCD	Sunday	10:45 a.m.
Adult	Sunday	10:45 a.m.
Apologetics		
Adoration of the	Friday	3 - 6 p.m.
Sacrament Blessed		
Korean OCIA	Friday	7p.m.
MCCW	1st Friday	7 p.m.

Protestant

Main Post Chapel

PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.

Kino Chapel

Women's Ministry	1st, 3rd Friday	6 p.m.
Bible Study Fellowship		

Muslim Prayer

Friday	11:30 p.m.	Main Post
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Buddhist Weekly Teaching

Tuesday	6:30 p.m.	Prosser Village
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Orthodox Divine Liturgy

Sunday	10 a.m.	Main Post
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Latter Day Saints Service

Sunday	1 p.m.	Prosser Village
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Passover Seder

The Jewish Congregation on Fort Huachuca extends an invitation to attend a traditional Passover Seder, 6 p.m. on April 23 at the Main Post Chapel Activities Room. Cost of the meal is (suggested donation) \$10 per person. E-4 and below, along with children, 5 – 12 is \$5. Children 4 and below are free. Reservations are required by Wednesday. For more information, call Chaplain (Maj.) McFarland at 533-4911.

Advertisement

NETCOM, from Page 4

ing general) on all things network, the collective training proponent, the enterprise creator. This is just one example of change.”

The roles of these units, proposed structures and interoperability issues were a fraction of what the participants discussed at the conference. While the brigade combat team’s organic signal companies are not within NETCOM/9th ASC’s purview, the organization still plays a part in the new Army structure. Signal support to the UEy will come from within NETCOM/9th ASC’s subordinate brigades in the form of the Integrated Theater Signal Battalion. Additionally, theater signal commands will transform into theater network commands. It will be the theater battalions and theater network commands that enable the brigade combat team signal companies to connect to the Global Information Grid.

NETCOM/9th ASC’s overarching mission is the operation, management and defense of LandWarNet – the Army’s portion of the global information grid. It is that same network the war fighters will use to pass information at home station, abroad, and during all military operations. All the participants’ organizations are on the front lines protecting the network. Information Assurance and Network Opera-

tions are the tools they use to protect LandWarNet.

As well as being a heavy topic of discussion, subject matter experts briefed the participants on the advancements in information assurance and network operations.

“The Network Operations and the Information Assurance missions have become cornerstones of the signal mission, of the communication mission,” said Col. John Wilcox, 160th Signal Brigade commander. “If we don’t get those right we really put at risk our ability to support the war fighters in the most efficient and effective way possible.”

“All operations and processes are dependent on the network – the Global Information Grid,” said Col. Jennifer Napper, 7th Signal Brigade commander. “It is our responsibility to ensure the network is available and secure. Network Operations, including Information Assurance, is the process by which we execute that mission.”

Executing the mission was by and far the most pressing issue for all conference participants. Availability of resources – manpower, equipment and funding – consumed a large portion of time, and stimulated a lot of discussion. As is prevalent in the Army, funding is always a concern;

but as transformation moves forward, units must change to support it. New missions, new equipment and the people to make it all happen must also be considered.

“We have to be smarter, faster, and more efficient in the ways we do business,” said Col. LaWarren Patterson, 1st Signal Brigade commander. “What we’re doing is more cost-effective and less Soldier intensive in numbers due to evolutionary changes in C4 technologies.”

That “cost-effective” aspect was echoed by many of the participants, and Lt. Gen. Steven W. Boutelle, the Army’s chief information officer, hammered it home during his briefing. He emphasized the necessity for quick, workable solutions – not necessarily complete solutions.

“I absolutely believe we have about 12 to 18 months to do what we’re going to do, or the dollars will quickly disappear,” Boutelle said. “If you don’t get stuff out there with an 80 percent solution – and get it on the books in the next 12 months – I suggest it won’t happen.”

Boutelle stated that future government funding of other programs may result in a seriously reduced defense budget when they take effect. Understandably, the resulting budget will fund the war fighters first, with supporting organizations sharing the bal-

ance. Participants stated it was this kind of straightforward dialogue from the senior Signal officer in the Army they hoped for in this type of face-to-face exchange.

With all the technology out there today, many of the participants stated they enjoyed the opportunity to speak directly to the decision-makers. Teleconferencing, while practical for those whose schedules don’t allow for cross-country travel, allows limited interaction and is always at the mercy of technology. Those who did attend the conference were happy to encounter the “human dimension.”

“Attending the conference allowed us to dialog with the CG and to hear his intent and vision first-hand,” said Col. Robert Ferrell, 2nd Signal Brigade commander.

“It allows us to candidly share lessons learned, both good and bad, that we have experienced in our individual theaters,” Wilcox said. “It allows us to talk about the best business practices so that we can avoid mistakes in both resources and time, and put into place those practices that will best support the Army and the war fighter as we do our mission.”

(Note: Staff Sgt. Jeff Troth, NETCOM/9th ASC Public Affairs, contributed to this article.)

Advertisement

Cost Warriors for March announced

SCOUT REPORTS

Beth Ford

Beth Ford is honored as the Cost Warrior for the Equal Employment Opportunity Office for this quarter. Ford embraced the office's participation in the Activity Based Management Process, keeping all statistics on the various measures within the office's purview. She maintained current and accurate, up-to-date records on the office's reporting process to include trends and noted keen areas of concern. She developed, charts and graphs and a computerized database to hold all of this information. She has been instrumental in submitting several initiatives in support of the EEO office over the past few years. Although tasked with developing an annual EEO Affirmative Employment Plan for this installation which captures all of the strides and growth of our serviced population, as her job of record, Ford also is dual-hatted as the Information Security Assurance Officer, keeping our software current and updated, free of computer viruses. Over the past year, changes to the EEO program included

challenging a newly revised management directive (MD 715) for capturing data for use in the affirmative employment program. Ford became the Army's subject matter expert in this arena, and never hesitated to assist individuals or installations to develop their plans for submission and subsequent approval. For her multitasking skills and willingness to help others, Ford is recognized for her cost savings initiatives.

Carlos Reed and Chris Lyons

Due to age and power failures, the string of batteries in support of Telephone Switch Node 4 needed to be replaced. Through the efforts of the Directorate of Information Management's Supply Officer, Carlos Reed, and the Telephony RO Chief, Chris Lyons, the DOIM was able to save \$28,104.09 on the purchase of replacement batteries. Initially, the directorate received a quote of \$53,776.75 to engineer, furnish, install and test new batteries for Switch Node 4. Reed and Lyons searched for other sources and were able to locate a vendor who could provide the batteries and services

for \$25,672.66, realizing a savings of \$28,104.09.



Photo by Angel Arroyo

Chris Lyons, Directorate of Information Management, is a March cost warrior.

Advertisement

Explore the Huachu



Above: Debbie Wilson, acting corral manager gives an advanced individual training Soldier pointers on controlling his horse. Below: Alfalfa is spread amongst the feeders for the horses when they return to the enclosure.



The horses mingle and relax after returning from a trail ride.

**BY SPC.
JOY PARIANTE**
SCOUT STAFF

Fort Huachuca is perhaps best known as an old cavalry post. Mounted Soldiers set off from here to protect a young western America from the threats of Mexicans and Indians.

Today, the old cavalry barracks are offices, filled with modern technology such as computers, telephones and indoor plumbing. Geldings of a hardy stock have been replaced by steel horses as today's Soldiers protect our homeland.

But past a few washes and a couple of dirt roads is a place where today's Soldiers can get in touch with some skills of yesterday.

Buffalo Corral is a pretty well known destination on Fort Huachuca. The stables house 52 horses, available for public riding, Joshua Gwinn, recreation services director, Directorate of Morale, Welfare and Recreation said. Soldiers and other MWR patrons can ride Thursday through Sunday for just \$11.50 an hour on the weekend and \$10 on the weekends. There are no specific times for departures for solo rides, Gwinn said, but the horses need to be back by 4 p.m.

There are trails traversing through the Huachucas, from the washes to the mountain tops. There is also an arena available for a more contained riding environment.

"Buffalo Corral offers a unique setting to ride," Gwinn said. "The amount of available trails, different terrain, scenery, nature and amount of land available makes the Buffalo Corral a great place to ride."

If a group outing would be preferred, there are trail rides offered Saturday and Sunday 9-11 a.m. and 1-3

p.m. The cost is \$13.50 for MWR patrons and \$19 for civilians. Rides last approximately two hours and Gwinn recommended calling ahead to check the schedule and see if there is space. There are horses available for all different riding levels, Gwinn said.

Lessons are also available for \$29 an hour, Gwinn added.

The corral is open year round, and Gwinn said the best time to ride is on the weekdays (Thursday or Friday) or early on the weekends since it's not as



Debbie Wilson, acting corral manager, sets a saddle on a horse.

huacas with a friend



A member of the corral staff removes a horse's saddle after returning from a trail ride.

busy then. A limited staff is at the corral all week caring for the horses and performing maintenance on the stables and surrounding area, Gwinn said.

In the near future, Buffalo Corral will begin offering sunset trail rides 6-8 p.m. every Thursday from May 5 through Aug. 25. There will also be

moonlight trail rides on May 23 and Aug. 19, the nights of each full moon. There are also combined sunset/moonlight rides from 7-9:30 p.m. on June 23 and July 21.

For more information on these rides or anything else about the corral, call Buffalo Corral at 533-5220.



the fence before it heads to the tack room for storage.



Photos by Spc. Joy Pariente

An advanced individual training Soldier enjoys the sunny weekend weather during a ride with some classmates.

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Ultimate sacrifice paid in support of OIF

Staff Sgt. Kevin D. Davis, 41, of Lebanon, Ore., died Friday in Balad, Iraq, of injuries sustained when an improvised explosive device detonated near his HMMWV in Hawijah, Iraq. Davis was assigned to the Army National Guard's G Troop, 82nd Cavalry, Redmond, Ore.

Lance Cpl. Juan C. Venegas, 21, of Simi Valley, Calif., died April 7 as a result of a vehicle accident while conducting combat operations in Al Anbar Province, Iraq. He was assigned to 3rd Battalion, 4th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Twentynine Palms, Calif. During Operation Iraqi Freedom, Venegas was attached to Regimental Combat Team 8, 2nd Marine Division, II Marine Expeditionary Force.

The Department of Defense announced the death of eight Soldiers and the identity of six Soldiers listed as Duty Status Whereabouts Unknown who were supporting Operation Enduring Freedom. The Soldiers died or became unaccounted for on April 6 in Ghanzi, Afghanistan, when the CH-47 helicopter they were on crashed.

Killed were:

Maj. Edward J. Murphy, 36, of South Carolina. Murphy was assigned to the U.S. Army Southern European Task Force, Camp Ederle, Italy.

Chief Warrant Officer David Ayala, 24, of New York. Ayala was assigned to the 5th Battalion, 159th Aviation Regiment, 12th Aviation Brigade, Giebelstadt, Germany.

Chief Warrant Officer Clint J. Prather, 32, of Cheney, Wash. Prather was assigned to the 5th Battalion, 159th

Aviation Regiment, 12th Aviation Brigade, Gielbelstadt, Germany.

Master Sgt. Edwin A. Matoscolon, 42, of Juana Diaz, P.R. Matoscolon was assigned to Division Artillery, 25th Infantry Division (Light), Schofield Barracks, Hawaii.

Staff Sgt. Charles R. Sanders Jr., 29, of Charleston, Mo. Sanders was assigned to the 5th Battalion, 159th Aviation Regiment, 12th Aviation Brigade, Giebelstadt, Germany.

Spc. Daniel J. Freeman, 20, of Cincinnati, Ohio. Freeman was assigned to the 1st Battalion, 508th Infantry Regiment, Camp Ederle, Italy.

Spc. Chrystal G. Stout, 23, of Travelers Rest, S.C. Stout was assigned to the Army National Guard's 228th Signal Brigade, Spartanburg, S.C.

Pfc. Pendelton L. Sykes II, 25, of Chesapeake, Va. Sykes was assigned to the 5th Battalion, 159th Aviation Regiment, 12th Aviation Brigade, Giebelstadt, Germany.

Reported as DUSTWUN are:

Capt. David S. Connolly, 37, of Boston. Connolly is assigned to the Army Reserve's 1173rd Transportation Terminal Battalion, Brockton, Mass.

Sgt. Maj. Barbaralien Banks, 41, of Harvey, La. Banks is assigned to Division Artillery, 25th Infantry Division (Light), Schofield Barracks, Hawaii.

Staff Sgt. Romanes L. Woodard, 30, of Hertford, N.C. Woodard is assigned to the 1st Battalion, 508th Infantry Regiment, Camp Ederle, Italy.

Sgt. Stephen C. High, 45, of Spartanburg, S.C. High is assigned to the Army National Guard's 228th Signal Brigade, Spartanburg, S.C.

Spc. Michael K. Spivey, 21, of Fayetteville, N.C. Spivey is assigned to the 5th Battalion, 159th Aviation Regiment, 12th Aviation Brigade, Giebelstadt, Germany.

Spc. Sascha Struble, 20, of Philadelphia, N.Y. Struble is assigned to the 1st Battalion, 508th Infantry Regiment, Camp Ederle, Italy.

Sgt. James S. Lee, 26, of Mt. Vernon, Ind., died April 6 in Ghazni, Afghanistan, when the Army CH-47 helicopter he was on crashed. He was assigned to Marine Fighter Attack Squadron 142, Marine Aircraft Group 42, 4th Marine Aircraft Wing, Marietta, Ga. As part of Operation Enduring Freedom he was attached to Marine Light Attack Helicopter Squadron 773, Marine Aircraft Group 42, 4th Marine Aircraft Wing.

Spc. Glenn J. Watkins, 42, of Carlsbad, Calif., died April 5 in Baghdad, Iraq, when a vehicle-born improvised explosive device detonated near his military vehicle. Watkins was assigned to the Army National Guard's 1st Battalion, 161st Infantry, Kent, Wash.

Sgt. Javier J. Garcia, 25, died April 5 in Baghdad when improvised explosive devices detonated near his patrol. Garcia was assigned to the Army's 1st Battalion, 64th Armor Regiment, 3d Infantry Division, Fort Stewart, Ga.

See **CASUALITIES**, Page 21

Advertisement

CASUALTIES, from Page 20

Sgt. 1st Class Stephen C. Kennedy, 35, of Oak Ridge, Tenn. and **Staff Sgt. Christopher W. Dill**, 32, of Tonawanda, N.Y. died April 4, in Balad Ruz, Iraq, when their patrol was attacked by enemy forces using small arms fire. Kennedy was assigned to the Army National Guard's 1st Squadron, 278th Armored Cavalry Regiment, Lenoir City, Tenn. Dill was assigned to the Army Reserve's 2nd Battalion, 390th Infantry Regiment, 2nd Brigade, 98th Division, Buffalo, N.Y.

Lance Cpl. Jeremiah C. Kinchen, 22, of Salcha, Alaska, died April 4 from an explosion that occurred during combat operations in Al Anbar Province, Iraq. He was assigned to Marine Forces Reserve's 4th Reconnaissance Battalion, 4th Marine Division, San Antonio, Texas. During Operation Iraq Freedom, Kinchen was attached to 3rd Reconnaissance Battalion, Regimental Combat Team 8, 2nd Marine Division, II Marine Expeditionary Force.

Cpl. William D. Richardson, 23, of Moreno Valley, Calif., died April 3, in Baghdad when he came under enemy fire and fell into a canal. Richardson was assigned to the 1st Battalion, 41st Infantry Regiment, 1st Armored Division, Fort Riley, Kansas.

Sgt. Kelly S. Morris, 24, of Boise, Idaho, died March 30, in Baghdad from injuries sustained from enemy small arms fire. Morris was assigned to the 1st Battalion, 64th Armor Regiment, 3d Infantry Division from Fort Stewart, Ga.



Service News



Separate Services Make Distinct Contributions to Joint Force

The trend toward "jointness" doesn't mean the Defense Department expects all the services to become cookie-cutter copies of each other, a senior official explained.

Military operations increasingly call for close collaboration among all the services as they pursue a common mission, a trend that isn't likely to change, Raymond F. DuBois Jr., the Pentagon's director of administration and management said in a recent interview with the Pentagon Channel, said.

Working together in a joint environment, particularly in combat, reinforces the benefits of the services being able to tap into each other's capabilities, he said.

There's increasingly recognition that "these four services don't all have to have separate and self-contained combat capability that cannot and will not take advantage of the combat capability of another service, a sister service," he said.

Because today's military fights jointly, that's also increasingly going to be the way it trains, DuBois said. Transition plans for the Defense Department call for changes at the military's major combat training centers to make them better able to support joint operations. These centers include the Army's National Training Center, at Fort Irwin, Calif.; the Air Warfare Center, at Nellis Air Force Base, Nev.; the

Marine Corps Air Ground Combat Center, at Twentynine Palms, Calif.; and the Navy's instrumented sea ranges.

In addition, DuBois said, the Pentagon's renovation plans call for the elimination of each service's command center. Replacing them will be one unified command center that operates as a national military command planning and decision cell.

"This is an important cultural change," DuBois said. "Putting people physically together inevitably changes their behavior and improves communication and appreciation of the other guy's problems."

But despite the emphasis on joint planning, training and operations, DuBois said, the military continues to benefit from having four distinct services that contribute their individual culture, traditions and esprit de corps to the nation's defense.

Jointness, he said, doesn't mean that "the uniforms ought to be the same color" or that the services need to lose their individuality.

"The uniforms ought to be different colors, with different ideas about how you fight a war, with different ideas about how you plan a war," DuBois said. "Creative tension yields better results, as long as there is a shared vision that we have to work together to really deliver the combat punch when and where necessary."

Advertisement

MWR Box Office to open at new location Monday as 'ITR' Office

MWR Box Office is on the move. Tomorrow, they will close at the present location on Arizona Street. Monday, the facility will open at its new location in the MWR Rents Building 70914, on Irwin Street. Along with the move the Box Office will also undergo a name change to the Information, Ticket and Reservations Office.

The new location will offer more convenient access to the facility, with ample parking available at the front door.

After the move and the name change, the ITR

Office will offer the same services. Whether you're looking for tickets to an event, hotel reservations, information on local or distant attractions, or help planning your family's dream vacation, ITR can help.

ITR's hours of operation will be 9 a.m.-5 p.m., Monday - Friday. For more information, call Brenda Briscoe at 533-2404.

MWR Rents will remain at its present location in Building 70914, since it offers ample space for both facilities to operate efficiently.

MWR Rents is open 9 a.m.-6 p.m., Monday, Tues-

day, Thursday, Friday and Saturday.

Watch for the two facilities to join forces in May, to provide expanded hours of service for all their customers.



For more information, call the Sportsman's Center at 533-7085.

New classes at MWR Arts Center

The MWR Arts Center will offer several new classes beginning this month. A basic beading class will be held 10 a.m. - noon, starting this Tuesday, and continuing April 26, May 3 and 10. Cost of this class is \$65 and includes materials. Pre-registration is required. The instructor is Valerie Rice.

A basic pottery class will be offered 4-6 p.m., April 29, May 6, 13, 29 and 27. Cost of the class is \$55 and includes all materials. The instructor is Riki Tarquinio.

An oil painting class will be held 1-3 p.m., April 30, May 7, 28 and 28. Cost of the class is \$100. The class will be taught by Ricardo Alonzo.

A pine needle basket-making class will be offered 4-6 p.m., April 30, May 7, 14, and 21. This class teaches the student how to weave pine needles into baskets and how to decorate pottery or gourds with pine needles. Cost of the class is \$49.95 and includes all materials. The class is taught by Riki Tarquinio.

For more information or to sign up for any of these classes, call 533-2015 or stop by the MWR Arts Center, located on Arizona Street, across from the Commissary.

Softball coaches' meeting Monday

The coaches' meeting for the Spring Festival softball tournament will be held at 11 a.m., Monday, at Barnes Field House. The single elimination tournament is open to the public, both male and female, 18 and older. The entry fee of \$125 per team is due at the coaches' meeting.

Entry forms are available at Barnes Field House, Eifler Fitness Center and the Oscar Yrun Community Center, Sierra Vista.

The tournament will be played April 30 and May 1 on Fort Huachuca softball fields. Awards will be presented to first and second place teams. For more information, call Michelle Kimsey at 533-3180 or e-mail michelle.kimsey@hua.army.mil.

Soccer coaches' meeting Tuesday

The coaches' meeting for the Spring Festival seven-on-seven soccer tournament will be held at 11 a.m., Tuesday, at Barnes Field House. The single elimination tournament is open to the public, 18 and older, and is coed. The entry fee of \$75 per team is due at the coaches' meeting.

Entry forms are available at Barnes Field House, Eifler Fitness Center and the Oscar Yrun Community Center, Sierra Vista.

The tournament will be played starting at 9 a.m., April 30 and May 1 at Bujalski Field, Fort Huachuca. Team awards will be presented to first and second place teams. For more information, call Michelle Kimsey at 533-3180 or e-mail michelle.kimsey@hua.army.mil.

Barnes Pool closed for swim meet

The pool at Barnes Field House will be closed April 23 to host the Thunder Mountain Aquatic Club Swim Meet. For more information, call 538-3858.

Sign up for arm wrestling by April 26

The MWR Arm Wrestling Championships will be held starting at 1 p.m., April 30, at the Anderson Special Events Park, Fort Huachuca, during the Spring Festival.

Participants will be divided into men's and women's weight divisions, with right and left-handed competitions held in each weight division.

There is no entry fee, and awards will be presented to the finalists and champions in each category.

To register, come to the Sports Office at Barnes Field House, 7:30 a.m. - 4 p.m., Monday - Friday. You can also sign up by phone by calling George Thompson at 533-0040. Entry deadline for the arm wrestling tournament is 4 p.m., April 26.

Paintball tournament April 30, May 1

It's time to get your teams together for the Spring Festival Paintball Tournament, to be held starting at 10 a.m., April 30 and May 1, at the Anderson Special Events Park, Fort Huachuca.

April 30, the tournament will be open only to military teams. Registration fee is \$100 for a three-person team.

May 1, the tournament is open to the public. The entry fee for open play is \$125, for a three-person team.

Military teams that play April 30 and wish to continue to play May 1, may do so for an additional \$50 fee.

Tournament fees include all-day air, and paint will be available at reduced prices.

Free entertainment at Spring Festival

The Spring Festival, to be held April 29, 30 and May 1 at the R.L. Anderson Special Events Park, Fort Huachuca, will offer a wide variety of activities and entertainment for the entire family.

The City of Fun Carnival will be on hand all three days, with rides and games. You can save on carnival ride tickets by buying in advance at MWR Box Office, MWR Rents, Desert Lanes and Sierra Vista Safeway. Advance tickets are \$6 for 10. During the Festival, the cost will be \$8 for 10 tickets.

From 6 to 10 p.m., April 29, free entertainment will be provided by three live bands. Performing in the bandshell will be: "American Accent," a pop-rock band that presents energetic, melodic rock, for a fun, up-beat sound; Jason Eller, who plays acoustic rock guitar, along with his rich vocals; and "Fat Rhabit," an original alternative rock band.

From 7 to 11 p.m., April 30, you'll be able to enjoy live entertainment in the bandshell, also free of charge. Primo, the band originally scheduled to perform during this time, was forced to cancel because of illness. A replacement is being booked and will be announced in next week's *Fort Huachuca Scout*.

May 1 will be "Family Day" at the festival. From noon to 4 p.m., there will be special activities for youth, such as face painting, baseball throw, a jumping castle, laser tag, a Tae Kwon Do demonstration, soccer shoot, jump rope competition and more. All activities, except for carnival rides, are free of charge.

For more information about the Spring Festival, call 538-1690.

Sunset Trail Rides

The Buffalo Corral will be hosting sunset trail rides, beginning May 5. The rides are open to both military personnel and civilians. Prospective riders must register and prepay for the ride by the close of business the Sunday prior to the ride. Call Debbie Wilson at 533-5220 for more information.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German, at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com.



Movies

Be Cool plays at 2 p.m. Sunday at Cochise Theater. For the complete listing of this week's movies, see Page 28.



Photo by Spc. Joy Pariente

Paul Dunbar, Joint Interoperability Test Command, tried to keep the ball away from U.S. Army Garrison's Andre Lopera.

USAG eliminated from playoffs following tie game with JITC

BY SPC. MARCUS BUTLER
SCOUT STAFF

United States Army Garrison's playoff hopes were cut short after a tie game against the Joint Interoperability Test Command Tuesday evening at Bujalski Field.

The battle for the fourth place playoff position in the Commander's Cup soccer National League was to be determined by the outcome of two teams' games; USAG and Company E, 305th Military Intelligence Battalion.

Like taking a page out of the Bowl Championship standings, the fate of USAG would be as a bubble team, depending on a win against JITC and

the hopefully bad play and loss of their counterparts 305th MI Bn.

"This is a must win game for us," Derrick Watt, goal keeper and coach for USAG, said. "Don't let it be the last time that we play."

During the first half of play, JITC, which had not scored a goal in three games, drew first blood when Cliff Martinez scored the first goal with an assist from Adam Skerven.

JITC's defense came into play by shutting out USAG for the entire first half.

At the opening kick of the second half, JITC scored quickly on USAG with a corner kick assist from Juan Villianfane to John Boring, which brought the score to 2-0.

After a bit of regrouping, USAG went on the offensive. James Bean took control of the game, scoring USAG's first goal on a laser shot past the JITC goalie.

The USAG defense took over and shut down JITC's offense, allowing Bean to score again, knotting the game at 2-2.

With time against them, USAG desperately tried to advance the ball to score the tie-breaking goal, but to no avail.

The final seconds ticked off the clock, and the referee blew the whistle, ending the game and bursting USAG's bubble.

Despite a tremendous effort by both USAG and JITC, neither team will be seeing the playoffs this season.

Nemechek, Army get season's first top ten finish at Martinsville

BY MAJ.
WILLIAM THURMOND

ARMY NEWS SERVICE

Soldiers are quite familiar with the Warrior ethos that says, "I will never quit."

In Martinsville, Va. April 10, the Army NASCAR team demonstrated that they, too, know how to battle through adversity and get the job done.

While Joe Nemechek finished Sunday's Advance Auto Parts 500 in the 10th position, the same spot where he started the race 263 miles earlier, it could have been a lot worse. All afternoon, mechanical and tire problems conspired to disappoint the team for the third week-end in a row.

The race victory belonged to Jeff Gordon, who posted his second win for the year. Following Gordon was Kasey Kahne, who for the fifth time finished second in NEXTEL Cup competition. Rounding out the top five were Mark Martin, Ryan Newman and Rusty Wallace.

"We ground our way to a top ten today," said Nemechek. "The Army car was strong early and then it got really loose and we went the rear of the field. Once we put on four new tires, the car started to haul. We were on a move and then the

right front tire went down, and I got into the wall. That was another setback that we had to overcome."

"But we stayed patient. The guys did a great job in the pits, and we managed to avoid any big trouble."

A caution at lap 493 led to a quick decision to pit for four fresh tires, a move that the team hoped would give them an advantage in the closing laps.

"We have fresh meat now, boys," Nemechek said over the team's radio. "We'll kick some butt right here."

With three laps to go, the Army car passed both Jason Leffler and Matt Kenseth, and was still moving to the front when the checkered flag fell.

Sunday's result was good news for the team and a personal victory for Nemechek.

It was the team's first top 10 finish of the 2005 NEXTEL Cup season. And it was Nemechek's career best on the famed Martinsville short track, where in his previous 21 races his best finish was 14th place.

"It was our best finish of the year, but not our best race of the year," said Ryan Pemberton, the Army Chevrolet's crew chief. "We raced really hard. We battled through a lot of stuff, and it's good fun battling through all that. The



Photo by Maj. William Thurmond

The Army Chevrolet pit crew changes a tire during a stop late in Sunday's race in Martinsville, Va.

team worked real well together. Everybody on the Army team had a big part on the whole weekend."

As the team packed up to return to their Concord, N.C. garage and prepare for next weekend's Texas race, Nemechek reflected on the impact of Sunday's performance and the re-

mainder of the season.

"Hopefully those demons that plagued us in the past four races have gone someplace else," said Nemechek. "This was a big lift from a team morale standpoint. This team has plenty of fight and character and there are going to be better finishes for the Army team as the season progresses."

Fit For Life

Taking the AZ 20-20 challenge; a reader's question

BY GEORGE R. COLFER, PH.D.
CONTRIBUTING WRITER

My first thought when hearing of the Arizona 20-20 challenge was yet another casino or lottery game. I was pleasantly surprised by the fact that it consisted of the 40 most challenging hikes in the state. Twenty of the hikes summit mountains between 8,938 and 12,663 feet and offer at least 1,000 feet of elevation gain from trailhead to summit. The other 20 are canyon hikes that cut between 1,000 feet and 4,460 feet into the adjacent landscape. The statewide distribution of the 20-20 hikes will allow one to experience the different physiographic, biotic, geologic and climate diversity of Arizona.

The criteria for the selection of the 20 peaks and 20 canyons is a project by the Arizona State University Geography Department with the Arizona Office of Tourism. My understanding is that the completion of each hike will count if made by foot, mountain bike or in some cases, by cross-country skis. There are no time criteria for each hike or to the completion of the list. The challenge is simply to hike them all or just be selective and do any of them as time permits. You can keep a record of your hikes by recording them with the 20-20 e-peak register at www.epeakregister.com.

Information about all 40 hikes can be found in complete detail from three Web sites which will include locations, maps, summit elevations, canyon depths, round-trip length and trail elevation gain or change. These suggested sources are: www.public.asu.edu/~bvogt/20-20/challenge.html or www.az20-20.org/ or www.local-hikes.com/az.html. To my knowledge and inquiry, there is no

specific publication on the 20-20 challenge available at this time.

Locally on the list are the Miller and Carr Peaks in the Hereford area off Highway 92 South. There are a total of seven peaks listed for Cochise County but no canyons. The closest canyons to Fort Huachuca are north and east of Phoenix. Paria Canyon, located south-east of Page, Ariz. is the longest round trip on the list at 56.2 miles and third in depth at 3,000 feet. The hiker advisory states to allow 4-6 days for this round trip!

Another Cochise County peak on the list is the Chiricahua at 9,795 feet elevation located near Portal, Ariz. northeast of Douglas off Highway 80. The round trip is 12.8 miles starting at 8,100 feet with an elevation gain of almost 1,700 feet. The Chiricahuas are rugged and scenic mountains known for their beauty, birds, wildlife and solitude. This is also the location of the Chiricahua National Monument. Cave Creek Canyon, although not on the list of 20 is also a notable canyon adjacent to the Chiricahua Peak.

The AZ 20-20 is an innovative approach to staying fit and maintaining an outdoor lifestyle. Obviously, very few will have the time to negotiate the 40 in succession, but maybe the long-term approach is better for health and fitness.

Reader's Question

In regard to the article on March 3, 2005 about foot care, can you offer some information on the fit and selection of military and hiking boots?

Answer. Selection and fit for military and hiking boots are very similar. A special note for military personnel regarding boot selection. You may have no input into what boots you are issued, but most services allow some variety

when you require additional ones. Find out what the approved brands and types are before you shop. At this point, the same procedures can be followed for hiking, backpacking and military use.

First, do some preliminary ground-work from advertisements found in catalogs, outdoor and military magazines. This should help you narrow the list and decide what you are looking for. Unless you have had previous experience, don't buy a boot unseen. Go to the retail dealer and try on several styles. Take your time and be sure to do some walking at the store. Some stores will have boot ramps with both up-and-down slopes. These will help to check boot fit while ascending and descending. A knowledgeable salesperson will anticipate questions and help with your decision.

Have both feet measured. If one foot is larger than the other, make sure all toes fit and that the foot does not move about in the boot. The heel should stay in place as you walk. Boots should fit snug, but not tight. The toes should not press against the front of the boot on a downward slope. Check for any pinching or hot spots. Be sure to wear the same socks you plan to use. Different socks may affect boot sizing.

A good idea is to test the boots on a carpet at home before use. If, after 30 minutes of wear and walking, the boots still feel good, chances are they will fit.

On the other hand, if 30 minutes leaves your feet sore and uncomfortable, they probably will never fit well. Be sure to inquire about the exchange or refund policy before you purchase.

Boot construction also varies. Boots are usually stitched, welted or cemented to join together the boot upper to the insole, midsole and outsole. Stitchdown construction is extremely secure and allows your foot to rest on a more stable platform. Ask the salesperson to explain the differences to you. The addition of GORE-TEX material allows sweat to escape while preventing water from penetrating the boot interior. It is essentially a waterproof liner and is not meant for insulation or warmth.

If you plan to use additional inner-soles, arch supports or any type of orthotics, make sure you take them with you when purchasing boots. If not, you may find your new boots might tight with their addition. There are many good foot support products available if you are able to diagnose your needs. Experimenting with different products may prove cost effective when compared to prescribed custom orthotics which cost about \$300.00, more or less.

Lastly, when you find a boot to your liking, it may be a good idea to purchase a second pair and alternate their use. This way, you will always have a spare pair broken in and ready to wear in case of unforeseen circumstances.

Science fair winners announced

STAFF REPORTS

Seven Smith Middle School students won at the Sulfur Springs Valley Electric Coop's annual science fair out of more than 500 projects from competitors.

The school had 37 sixth, seventh and eighth grade students enter the competition, and a seventh grader won the grand prize.

Yuuri Warren, seventh grade, won the overall grand prize in the seventh and eighth grade division with her project "Solar Powered Plant Watering System."

Gold through bronze medals went to Smith students in the physical science division of the science fair.

Harley Andruszka, seventh grade, took first place with her project "Flammable Fabrics – Caveat Empor – Let the Buyer Beware." Dominic Arbino, eighth grade, took

second place with his project "Can a Laser be Manipulated to Produce More Energy?" Karlee Moxley, seventh grade, took third place with her project "Absorbency by Texture."

Jessica Creager, eighth grade, took second place in the seventh and eighth grade biological science division with her project "Wash Your Mouth Out!!!" David Bernheim, eighth grade, took third place with his project "Call the Orkin Man."

Camrin Stonesifer, eighth grade, took second place in the technology and engineering division with her project "Who's Watching You?"

Smith Middle School had numerous winners of other awards and prizes such as environmental, Army, Navy, and Air Force Awards, plaques, telephones, digital cameras, calculators, radios and watches.

Information for this article came from a Smith Middle School press release.



Photo by Spc. Creighton Holub

"I'll get him!"

Steven Pollock stalks his opponent in a paintball match at the Sportsman Center's paintball field.

See the saguaro – the epitome of the Southwest

BY SPC. JOY PARIANTE
SCOUT STAFF

The first thing that comes to mind when you think of the Southwest is a three-armed cactus silhouetted against the sand and sunset. Don't leave Arizona without getting to see this classic image first hand! What better a place to check out the signature Arizona flora than the Saguaro National Park in Tucson.

The park's namesake cactus, the saguaro, covers 91,435 acres of protected desert in two separate parks, Saguaro West and Saguaro East. The parks are separated by approximately 30 miles of Tucson city.

The saguaro cactus begins its life in the shelter of a nurse tree or shrub which provides shade and moisture for the baby cactus' germination. The saguaro grows only an inch a year, but eventually reaches weights between 15 and 50 feet tall. The saguaro's arms grow in over the years and many older cactus will have as many as five curving arms. They bloom in May or June revealing the Arizona state flower, the milky-white saguaro cactus blossom. The fruit from the saguaro is a food staple for many desert animals and was an important Native American food source.

In addition to the cactus, many common, rare and endangered animals make their homes in Saguaro National Park.

Although the park is open all year round, there are prime times to view different aspects of the desert ecosystem. The desert thrives through a rhythmic cycle; times of great activity followed by times of quiet rest.

Late February marks a new beginning for the desert. Birds begin nesting and wildflowers start blooming. By late April, the busy growth season is ending and the period of rest is beginning. The animals will hide throughout the upcoming summer months to avoid the heat. They'll restrict their activities to dawn and dusk to take advantage of the cooler temperatures. When the monsoon rains come in July and August, the animals take

advantage of the hydration and heat relief and come out from hiding and new plants bloom. When the rains retreat, so do the animals until the winter rains come.

In the coming months, visitors to the park can look forward to the mating of the Gambel's quail, active snakes and the blooming of the ocotillo and saguaro. August seems to be the best month of the year to visit because, despite the heat, many different plants are blooming and butterflies are out in full force.

To view these events and more, the park is traversed by hiking and scenic driving trails. Use caution while outdoors to avoid sun burn, dehydration and other heat and sun related injuries. Also, be wary of venomous snakes, killer bees and other wild animals in the area. Keep away from cactus and do not pick flowers or break branches of any plants. Stay aware during monsoons for flash floods on roads and in washes.

If you're looking for more than a day trip, camping is also permitted at Saguaro National Park, with a permit. Camping permits cost \$6 per night.

Park admission is \$10 per car and \$6 dollars per visitor traveling on bicycle or foot. The permit is good for seven days. There are also annual and group passes.

Saguaro National Park – East is located on Old Spanish Trail in Tucson. To reach the East park from I-10, take the Houghton Road exit, then turn right on to Old Spanish Trail and look for signs to the park. Saguaro National Park – West is located on North Kinney Road in Tucson. The West park is located approximately 15 miles from downtown Tucson. Take Speedway Boulevard west which becomes Gates Pass Road, over the pass to its end, turn right on Kinney Road and continue on to the park entrance.

For more information, visit the Friends of Saguaro National Park's Web site at www.friendsofsaguaro.org.

Editor's Note: Information for this article was compiled from www.friendsofsaguaro.org.



Photo by Spc. Joy Pariente

Tens of thousands of acres of Saguaro cactus are waiting to be explored at Saguaro National Park in Tucson.

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Pizza Delivery on Post

Popeye's Chicken and Anthony's Pizza at the Regimental Mini Mall, will be offering delivery on Fort Huachuca. Delivery hours will be from 4 p.m. to 8 p.m. Call 459-2378 to place your order today.

Huachuca Astronomy Club hosts events under the stars

On April 15, the Huachuca Astronomy Club will commemorate National Astronomy Week by hosting public astronomical viewing at Howard Field, Veteran's Memorial Park in Sierra Vista from 7 p.m. to 11 p.m. on each night. During these two evenings, weather permitting, astronomy club telescopes will be set up in Howard Field (the softball fields at the eastern end of the park) for the public. There will be views of the planets Saturn and Jupiter, along with several very distant celestial objects such as star clusters, nebulae and distant galaxies. On April 15, there will also be telescopic viewing of the planets and a crescent Moon. Both events are free.

For more information, call Doug Snyder at 366-5788 or e-mail hac@palominas.com.

Military Appreciation Weekend in Tucson

Two special events are open to the military at no cost on April 15 and 16 in Tucson. Families are invited to attend a baseball game on Friday, and NASCAR racing on Saturday.

Join the Sidewinders as they take on Salt Lake on April 15 at 6:30 p.m. at Tucson Electric Park.

Free passes, which admit as many as five people to the game, are available through the Public Affairs Office, Building 21115, at 3015 Carnahan Street. For information, call 533-1284.

For information about the Tucson Sidewinders, visit: www.tucsonsidewinders.com

Join other military NASCAR fans for a free night of racing on April 16 at Tucson Raceway Park. Tucson Raceway Park will honor free admission on April

16 for the following: active duty, military reserves, national guard, military retirees, Department of Defense Civilians, and Government Contract Employees. Just show government issued ID at the box office, one ticket will be issued for each ID presented, 11 years and under are always admitted free of charge.

For information about Tucson NASCAR, log on to: www.tucsonracewaypark.com.

Golf Scramble

The Greater Huachuca Men's Golf Club will hold a Golf Scramble on April 16 and 17, beginning at 8 a.m. at the Mountain View Golf Course. For more information, please call Nicki Wilson, 533-7088.

Musical performance

"Chango Malo" will perform at the Buena Performing Arts Center at 7 p.m., April 16. Also appearing will be "Mankind." Tickets are \$10.00 and are being sold at a number of Sierra Vista locations. For more information, call 432-7839.

Summer Camp Registration

Registration for "Middle School Team/School Age Services Summer Youth Camps" for current middle school team and school age services members begins Friday and will continue through May 15th. Signup at the Child and Youth Services Central Registration Office at the Murr Community Center. For more information, call Marty Johnson at 533-0738.

Combat Medic Memorial Run

Raymond W. Bliss Army Health Center is hosting their 8th annual Combat Medic Memorial Run April 23. There will be a 10K and 5K run/walk.

The 10K portion will begin at RWBAHC at 7 a.m. and the 5K will begin at RWBAHC at 7:20 a.m.

Registration for this "challenging high desert

course" will be \$10 if registered by April 9 and it will be \$12 to register on race day.

A commemorative long sleeved shirt is guaranteed to the first 100 registered. Trophies, statues and ribbons will be awarded.

For more information, call Sgt. 1st Class Philip Sloss at 533-0448, Sgt. 1st Class Faye Nugent at 533-8468 or Barbara Chavez at 533-8009.

Family Fun Days

Beginning May 1st, Desert Lanes will be hosting family fun days on Sundays from noon to 4 p.m. Included in the price, \$25 for a family of five, are shoe rentals and 3 kids' meals at Jeannie's Diner. For more information, call David Wall at 533-2849.

Mother's Day Grand Buffet

10 a.m. through 1:30 p.m. on May 8th, the Thunder Mountain Activity Centre will be hosting a Mother's Day buffet. Prices are \$19.95 for adults, \$9.95 for children 6-10 and children 5 and under eat free. Call 533-7322 for reservations.

Sale at Sportsman's Center

The Sportsman's Center is offering 10 percent off all merchandise, including guns, ammunition; wild game calls, cleaning kits, and all other items in the pro shop. The sale will continue until all merchandise has been sold. For more information, call Mick Gue at 533-7085.



Watch CAC

For the latest news in the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source. Tune in to our news block hours at four convenient times throughout the day. The Fort Report airs weekdays at 6 a.m., noon, 6 p.m. and 10 p.m. Army NewsWatch follows at 6:05 a.m., 12:05 p.m., 6:05 p.m. and 10:05 p.m.

If you're interested in posting your message on the Commander's Channel, e-mail your request to channel97@hua.army.mil.



Pets Of The Week



Max is a 2-year-old, male, grey and white Tabby.



Vivian Bananas is a 1-year-old, female, Collie mix.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuacupetfinder.com. In accordance with Army regulation stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

At The Movies

Showing at the Cochise Theater for the next week are:

Today -7 p.m.

Man of the House
PG-13

Friday -7 p.m.

Diary of a Mad Black Woman
PG-13

Saturday -7 p.m.

Million Dollar Baby
PG-13

Sunday -2 p.m.

Be Cool
PG-13

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.



Photo by Spc. Creighton Holub

Trophy Presentation

Spc. Omar Pierre, Sgt. Tek Rowe and Capt. Steve Christian, representatives from the second place team from the Commander's Cup basketball playoffs, Network Enterprise Technology Command / 9th Army Signal Command, receive the trophy from Col. Jonathon B. Hunter, Garrison Commander, in an April 6 ceremony at Barnes Field House. Headquarters and Headquarters Company, U.S. Army Garrison, won the competition.

Ask The Dietitian Savor the spectrum

NATIONAL CANCER INSTITUTE PRESS RELEASE

It's time to get colorful, says the National Cancer Institute. With seasonal fruits and vegetables filling produce stands and farmers markets, it's the perfect time to give your health a bright and vivid multihued boost. Color your daily diet with bright oranges (carrots, mandarin oranges, sweet potatoes and mango), deep reds (tomatoes, cherries and strawberries), dark greens (broccoli, asparagus and kale), beautiful blues and purples (blueberries, eggplant and plums), and accent it with sunshine yellow (squash, pineapple and corn).

"Here's the rule to live by when filling up your plate," advises Gloria Stables, M.S., R.D., director of the NCI's 5 A Day Program: "Sample the spectrum. The more reds, oranges, greens, yellows, and blues you see on the plate, the more health promoting properties you are getting from

your fruit and vegetable choices."

As Stables points out, aesthetics aren't the only reason to eat the rainbow of colors. Nutrition research shows that colorful fruits and vegetables contain



essential vitamins, minerals and phytochemicals that help prevent diseases such as cancer, promote health and help you feel great.

For more recipes and ideas on how to color your daily diet with fruits and vegetables, check out the 5 A Day Web site at www.5aday.gov.

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